



Health, Physical Education and Recreation - Associate in Science

Degree Requirements Checklist

2017-18

<p>6 hrs.</p> <p>9 hrs.</p> <p>6 hrs.</p> <p>3 hrs.</p> <p>4 hrs.</p> <p>4 hrs.</p>	<p>GENERAL EDUCATION REQUIREMENTS</p> <p>Social Sciences</p> <ul style="list-style-type: none"> <input type="checkbox"/> GOV 1113 American National Government <input type="checkbox"/> HIST 1483 American History Survey to 1877 or <input type="checkbox"/> HIST 1493 American History Survey since 1877 <hr/> <p>Language Arts</p> <ul style="list-style-type: none"> <input type="checkbox"/> ENG 1113 Composition I <input type="checkbox"/> ENG 1213 Composition II <input type="checkbox"/> SPCH 1143 Speech <hr/> <p>Humanities</p> <p><i>Select two of the following:</i></p> <ul style="list-style-type: none"> <input type="checkbox"/> HUM _____ <input type="checkbox"/> HUM _____ <p>any course with HUM prefix (list above) or</p> <ul style="list-style-type: none"> <input type="checkbox"/> ART 1153 Art History I <input type="checkbox"/> ART 1163 Art History II <input type="checkbox"/> ART 1203 Art Appreciation <input type="checkbox"/> ART 2323 Global Studies in Art <input type="checkbox"/> ENG 2043 Global Studies in Language Arts and Humanities <input type="checkbox"/> ENG 2413 Introduction to Literature <input type="checkbox"/> ENG 2433 World Literature I <input type="checkbox"/> ENG 2543 British Literature I <input type="checkbox"/> ENG 2653 British Literature II <input type="checkbox"/> ENG 2753 American Literature I <input type="checkbox"/> ENG 2883 American Literature II <input type="checkbox"/> HIST 2223 Early Western Civilization to 1660 <input type="checkbox"/> HIST 2233 Modern Western Civilization since 1660 <input type="checkbox"/> JOUR 1123 Introduction to Mass Communication <input type="checkbox"/> MUS 1213 Music Appreciation I <input type="checkbox"/> MUS 1223 Music Appreciation II <input type="checkbox"/> SPCH 1523 Introduction to Theatre <input type="checkbox"/> PHIL 1113 Introduction to Philosophy <input type="checkbox"/> SPAN 2103 Global Studies in Spanish <hr/> <p>Mathematics</p> <ul style="list-style-type: none"> <input type="checkbox"/> MATH 1413 Quantitative Reasoning <hr/> <p>Life Science</p> <p><i>Select one of the following:</i></p> <ul style="list-style-type: none"> <input type="checkbox"/> BIOL 1114 General Biology <input type="checkbox"/> BIOL 1214 Principles of Biology <input type="checkbox"/> BIOL 1224 General Botany <input type="checkbox"/> BIOL 1234 General Zoology <hr/> <p>Physical Science</p> <p><i>Select one of the following:</i></p> <ul style="list-style-type: none"> <input type="checkbox"/> CHEM 1114 Introduction to Chemistry <input type="checkbox"/> CHEM 1315 General Chemistry I <input type="checkbox"/> ENVS 1114 Introduction to Environmental Science <input type="checkbox"/> PHYS 1114 General Physical Science <input type="checkbox"/> PHYS 1214 Earth Science <input type="checkbox"/> PHYS 1314 Astronomy <input type="checkbox"/> PHYS 1414 Physical Geology <input type="checkbox"/> PHYS 2114 General Physics I <input type="checkbox"/> PHYS 2224 General Physics II 	<p>3 hrs.</p> <p>1 hr.</p> <p>36 hrs.</p> <p>16 hrs.</p> <p>10 hrs.</p> <p>26 hrs.</p> <p>62 hrs.</p>	<p>Computer Applications</p> <ul style="list-style-type: none"> <input type="checkbox"/> CAP 1103 Introduction to Microsoft Office <hr/> <p>Health, Physical Education and Recreation</p> <p>✓ <i>met by program</i></p> <hr/> <p>First-Year Success</p> <p>Required during first semester</p> <ul style="list-style-type: none"> <input type="checkbox"/> SOC 1101 Freshman Seminar (or STSC 1002) <hr/> <p>Psychology, Soc. Science, World Language, or Fine Arts Elective</p> <p>✓ <i>met by program</i></p> <hr/> <p>TOTAL REQUIRED GENERAL EDUCATION HOURS</p> <hr/> <p>MAJOR FIELD REQUIREMENTS</p> <ul style="list-style-type: none"> <input type="checkbox"/> HPER 1012 Wellness and Human Development <input type="checkbox"/> HPER 1953 Introduction to Health, Physical Education and Recreation <input type="checkbox"/> HPER 2222 First Aid and CPR <input type="checkbox"/> HPER 2223 Care and Prevention of Athletic Injuries <input type="checkbox"/> HPER 2413 Applied Anatomy <input type="checkbox"/> PSY 1113 General Psychology <hr/> <p>MAJOR FIELD ELECTIVES AND SUPPORT**</p> <p><i>Select from the following:</i></p> <ul style="list-style-type: none"> <input type="checkbox"/> BIOL 2113 Introduction to Nutrition <input type="checkbox"/> HPER 2053 Sociology of Sport <input type="checkbox"/> HPER 2111 Lifesaving Training <input type="checkbox"/> HPER 2132 Officiating Rules and Procedures <input type="checkbox"/> HPER 2262 Theory of Coaching <input type="checkbox"/> HPER 2301 Special Projects in HPER <input type="checkbox"/> HPER 2302 Special Projects in HPER <input type="checkbox"/> HPER 2303 Special Projects in HPER <p>**A maximum of two HPER activity course (2 credit hours) may count toward Associate's Degree</p> <hr/> <p>TOTAL REQUIRED MAJOR FIELD HOURS</p> <hr/> <p>MINIMUM TOTAL HOURS REQUIRED FOR ASSOCIATE DEGREE</p> <hr/> <div style="border: 1px solid black; padding: 5px; margin-top: 20px;"> <p>A statewide transfer agreement guarantees students transferring to an Oklahoma public four-year university with an associate in arts or associate in science degree the associate degree will satisfy all freshman and sophomore general education requirements at the four-year university.</p> </div>
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Seminole State College

Degree Requirements and Catalog Agreement

STUDENT NAME: _____

ID#: _____

The Seminole State College Catalog outlines the academic procedures, course offerings, and degree and certificate programs offered by the institution. A student must follow the degree or certificate plan in the catalog that is current as of the student's first semester of enrollment (full- or part-time). Students who fail to attend for two successive semesters (fall/spring or spring/fall) will be required to use the catalog in place during the semester of re-entry. Enrollment in summer sessions do not affect catalog determinations. Although students must consult regularly with their assigned SSC advisor to prepare an academic plan for graduation, each student is solely responsible for meeting the requirements of his or her degree or certificate program.

Student Signature

Date

Advisor Signature

Date

COMMENTS:

Requirements for Graduation:

1. Complete the designated courses and the number of semester credit hours required for the degree.
2. Grade Point Average of 2.0 or better.
3. Fifteen semester credit hours in residence at SSC.
4. Completion of Graduate Exit Survey.